



*A treatment center exclusively for women
located in Newport Beach, California*

The Rose II Schedule

~ ~ ~ 2010 ~ ~ ~

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00	WAKE UP	WAKE UP	WAKE UP	WAKE UP	WAKE UP	SLEEP IN
7:15	7:15 MANDATORY BEACH WALK --- 7:15 MANDATORY BEACH WALK					SLEEP IN
7:15	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	SLEEP IN
8:00	MEDICATION	MEDICATION	MEDICATION	MEDICATION	MEDICATION	MEDICATION
8:30	AM MEDITATION	AM MEDITATION	AM MEDITATION	AM MEDITATION	AM MEDITATION	BREAKFAST
9:00	9:00 NB CLUB	9:00-10:30	MARY O'S	CO-DEPENDENCY	MARY O' - LOVE	FREE TIME
9:30	STEP STUDY	SCOTT S.	TRAUMA GROUP	GROUP - TD	ADDICTION	
10:00	THRU 10:15	HYPNOTHERAPY	LIFE COACHING	STEP GROUP	RELAPSE	10:00-11:30
10:30	BREAK	BREAK	W/VICKY	JOHNNY O	PREVENTION	RE-INVENTING
11:00	JERRY BROWN	ERIKA VARGAS	IND. SESSIONS	IND. SESSIONS	W/MIKE MAXIE	THE WOMAN
11:30	LECTURE	PSYCHODRAMA	W/DEANNA	W/DEANNA	BREAK	WITHIN-VICKY
NOON	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
1:00						
1:30	IND. SESSIONS	1:00-2:30		DB - SPIRITUALITY	DB - BOUNDARIES	
2:00	OR G.P. W/DB	ART THERAPY	1:00-4:00	WORKSHOP	GRP/PROCESS	1:00 - 4:00
2:30	BREAK	W/ ROBIN	INDIVIDUAL	BREAK	BREAK	MASSAGE
3:00	*2:15-3:30	HOMEWORK	1:1 SESSIONS	HOMEWORK	*2:15-3:30	OR ENERGY
3:30	GYM TIME	STEP WORK	W/MARY O'	STEP WORK	GYM TIME	HEALING
4:00	Return to facility	EXERCISE	& DEANNA	EXERCISE	Return to facility	2 PER MONTH
4:30	Shower/Change	HOMEWORK		HOMEWORK	Shower/Change	
5:00	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK
6:00	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
6:30	6:00-7:30	CLEAN UP	CLEAN UP	CLEAN UP	CLEAN UP	CLEAN UP
7:00	HOW HALL	6:30-7:30	6:30-7:30	*6:30-7:30	6:30 WOMEN'S	8:00 SAT
8:00	BIG BOOK	ALUMNI MTG	STEP STUDY	AA MEETING	MEETING H.B.	CYN CLUB
8:30	FREE TIME	FREE TIME	HUNTINGTON	AT ROSE II	7751 GLENCOE	SPEAKER MTG
9:00	HOMEWORK	HOMEWORK	HOMEWORK	HOMEWORK	HOMEWORK	FREE TIME
10:00	1:1'S W/JANNA	1:1'S W/JANNA	1:1'S W/JANNA	1:1'S W/JANNA	1:1'S W/JANNA	
10:15	~~~~ GROUP PROCESS/CLOSURE GROUP ~~~~					FREE TIME
10:45	MEDICATION	MEDICATION	MEDICATION	MEDICATION	MEDICATION	MEDICATION
11:00	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	FREE TIME	FREE TIME
12:00					LIGHTS OUT	LIGHTS OUT