



*A treatment center exclusively for women  
located in Newport Beach, California*

# The Rose Of Newport Beach

~ ~ ~ 2010 ~ ~ ~

Time	MON	TUE	WED	THUR	FRI	Time	SAT	SUN	
7:00	WAKE UP	WAKE UP	WAKE UP	WAKE UP	WAKE UP	7:00	SLEEP IN	SLEEP IN	
7:15	PRIVATE MEDITATION	BEACH WALK	BEACH WALK	BEACH WALK	BEACH WALK	7:45	WAKE UP	WAKE UP	
7:15		PR. MEDITATION	PR. MEDITATION	PR. MEDITATION	PR. MEDITATION	8:00	PR. MEDITATION	PR. MEDITATION	
8:00	BREAK./MEDS.	BREAK./MEDS.	BREAK./MEDS.	BREAK./MEDS.	BREAK./MEDS.	8:15	MEDICATION	MEDICATION	
8:30	GET READY	GET READY	GET READY	CODEPENDENCY GROUP - TANYA	LOVE ADDICTION LECTURE - MARY R2	8:30	BREAKFAST	BREAKFAST	
9:00	*9:00-10:15 AA MTG Newport Club	HYPNOTHERAPY @17TH ST. W/ SCOTT. S	GROUP			JOHNNY O - STEP STUDY	10:15-11:00 MIKE MAXIE RELAPSE PREVENTION R2	9:00	CHORES
9:30			PROCESS	10:00-11:30 RE-INVENTING THE WOMAN WITHIN w/VICKI R2	9:30			FREE TIME	FREE TIME
10:00			10:15 FOUR AGREEMENTS		10:30			HOUSEKEEPING	
10:30	STUDY TIME	ERIKA V. @ R2	W/BONNIE	CINDY DUPIUE	STUDY TIME	11:00			
11:00	JERRY BROWN	PSYCHODRAMA	FREE TIME	NUTRITION	STUDY TIME	11:30			
11:30	LECTURE @ R2	FREE TIME							
NOON	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	12:00	LUNCH	OUT TO LUNCH	
1:00	PILATES	1:15 TRAUMA	PILATES	1:15 TRAUMA	PILATES	12:30		& OFFSITE	
1:30		GROUP - MARY		2:15 EMDR		1:30	MASSAGE OR ENERGY HEAL.	ACTIVITY	
2:00	FREE TIME		STARBUCKS		DR. McILLWAIN	2:00		11:00-4:00	
2:30	STEP STUDY	1:1 INDIVIDUAL		1:1 INDIVIDUAL	1:1 INDIVIDUAL	2:30	HOMEWORK		
3:00	WORKSHOP	SESSIONS	ART THERAPY W/ROBIN L.	SESSIONS	SESSIONS	3:00	FREE TIME		
3:30	FREE TIME			FREE TIME	STUDY TIME	FREE TIME	3:30	HOMEWORK	FREE TIME
4:00	STUDY TIME	STUDY TIME				4:00			
5:00	DINNER	DINNER	DINNER	DINNER	DINNER	5:00	DINNER	PIZZA NIGHT	
6:00	6:00-7:30	CLEAN UP	CLEAN UP	CLEAN UP	CLEAN UP	6:00	CLEAN UP	CLEAN UP	
6:30	HOW HALL	*6:30-7:30	*6:30-7:30	*6:30-7:30	6:30 WOMEN'S	6:30	FREE TIME	6:30 PILLS	
7:00	BIG BOOK	ROSE ALUMNI MEETING @ R2	AA STEP STUDY MEETING H.B.	AA MEETING AT ROSE II	MEETING H.B. 7751 GLENCOE	7:00		ANONYMOUS MEETING	
8:00	FREE TIME	FREE TIME	FREE TIME	FREE TIME	FREE TIME	8:00	*8:00-9:30		
8:30		FREE TIME	FREE TIME	FREE TIME	FREE TIME	8:30	AA CANYON CLUB	FREE TIME	
9:00						9:00			
10:00	MEDICATION	MEDICATION	MEDICATION	MEDICATION	MEDICATION	9:30	MEDICATION	MEDICATION	
10:15	~ ~ ~ ~ ~ GROUP PROCESS/CLOSURE GROUP ~ ~ ~ ~ ~				~ ~ ~ ~ ~ GROUP PROCESS/CLOSURE GROUP ~ ~ ~ ~ ~				
10:45	JOURNAL TIME	JOURNAL TIME	JOURNAL TIME	JOURNAL TIME	JOURNAL TIME	10:45	JOURNAL TIME	JOURNAL TIME	
11:00	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	FREE TIME	11:00	FREE TIME	LIGHTS OUT	
12:00					LIGHTS OUT	12:00	LIGHTS OUT		

\*Time shown for outside AA meetings reflects the time the meetings start - all clients need to be ready to leave facility

approx. 40 min before meeting start time, with exception for Sat HOW Hall in H.B., clients need to be ready by 6:15.

CLIENTS MUST BE DOWNSTAIRS READY TO BEGIN GROUP 10 MINUTES PRIOR TO START TIME - NO COMPUTERS/CELL PHONES.